

3RD NEW JERSEY TAE KWON DO OPEN CHAMPIONSHIPS



- SPARRING
- BOARD BREAKING
- FORMS

SUNDAY, NOVEMBER 3, 2019

Doors OPEN 8:00AM

ROBERT J. COLLINS ARENA

BROOKDALE COMMUNITY COLLEGE
765 Newman Springs Rd. Lincroft, NJ 07738

HOSTED BY:



General Admission \$10
5 & Under FREE

NON USAT ATHLETES

ONLINE REGISTRATION

REGISTRATION DEADLINE: OCTOBER 30TH

www.NJTKDOPEN.com

E-MAIL: NJTKDOPEN@GMAIL.COM

PHONE: (732) 677-2202

USA TAEKWONDO ATHLETES



USA TAEKWONDO 10.0 EVENT

COLOR AND BLACK BELTS WILL BE ELIGIBLE
TO EARN RANKING POINTS WITH USA TAE KWON DO
SPORT POOMSE AND OLYMPIC SPARRING



REGISTER: www.usat.hangastar.com



NEW JERSEY TKD OPEN CHAMPIONSHIP TOURNAMENT **Sunday, November 3, 2019**

Robert J. Collins Arena at Brookdale Community College
765 Newman Springs Road Lincroft, NJ 07738



Dear Masters, Instructors, and Competitors,

It is an honor and a privilege to officially invite you and your students to the 2019 New Jersey TKD Open Championships. This year's championship will be held on Sunday, November 3, 2019 at Robert J. Collins Arena at Brookdale Community College 765 Newman Springs Road Lincroft, NJ 07738.

Our main objective is to run an organized and time efficient tournament. Your students will have the opportunity to choose to compete in the areas of:

Forms, Board Breaking, Olympic Sparring, and Electronic DAEDO Sparring.

We are excited to announce that the 3rd Annual New Jersey TKD Open Championships is sanctioned by the USA Taekwondo. This means Color and Black Belts ages 6 years and up may compete in the areas of SPORT POOMSE and OLYMPIC SPARRING to earn USAT ranking points. USAT MEMBERSHIP IS REQUIRED AND WILL NEED TO REGISTER ON www.usat.hangastar.com

We will be utilizing the DAEDO Electronic Body Scoring system in the Black Belt Ages 8 years & Up Sparring divisions. Chest protectors will be provided for all competitors. Please bring your own DAEDO socks for proper hygienic reasons. Limited quantities and sizes will be available for purchase on Competition Day.

Since Taekwondo is a martial art, first and foremost, we will be expecting proper conduct, appropriate attire, and sportsmanship from all Masters, coaches, referees, and competitors. Any disrespectful behavior or unsportsmanlike conduct will not be tolerated by all in attendance.

Thank you in advance for your continued support and loyalty towards the art of Tae Kwon Do.

Respectfully,
Grandmaster Hang Soon Park
94' US National Team Head Coach



NEW JERSEY TKD OPEN CHAMPIONSHIP TOURNAMENT

Sunday, November 3, 2019

Robert J. Collins Arena at Brookdale Community College
765 Newman Springs Road Lincroft, NJ 07738

Hosted By: Master Park's Black Belt America

Sanctioned By: World Taekwondo, USA Taekwondo, Korean Taekwondo Association

Tournament Chairman: Master Steve Park Tournament Director: Master Sunny Park

Sport Poomse Chairman: Master Lou Giamo World Class Sparring Chairman: Ring Coordinator: Joan Collier

SCHEDULE OF EVENTS

ALL Registrations MUST be received by
Wednesday, October 30th 8:00 pm to avoid
late registration fees

**USAT OLYMPIC SPARRING ATHLETES ONLY
MUST ATTEND WEIGH-INS (COLOR AND BLACK BELTS)**

Master Park's Black Belt America
380 Mount's Corner Drive, Freehold, NJ 07728
For directions, call: (732) 677-2202

Saturday, November 2nd 10:00am-3:00

SUNDAY, NOVEMBER 3rd: COMPETITION DAY

8:00am: Doors Open, Check-In All Ages for **Forms, Board Breaking, and Sport Poomse** Competitors.

8:30am: Check-In for ages 9 and Under (Color Belts & Black Belts) Sparring Competitors

8:45am: All Masters, Officials and Referees Meetings

9:00am: Competition Begins

10:30am: Check-In for ages 10-11 years old (Color Belts & Black Belts) Sparring Competitors

11:45am: Check-In for ages 12-14 years old (Color Belts & Black Belts) Sparring Competitors

12:00pm: Check-In for ages 15-17 years old (Color Belts) Sparring Competitors

12:30 pm: Check-In for ages 15 and up (Black Belts) Sparring Competitors

12:30 pm: Check in for ages 18 and up (Color Belts) Sparring Competitors

ADMISSIONS

Admissions \$10.00 Children ages 5 and under FREE (CASH ONLY)

ONLINE REGISTRATION ONLY

NON-USA TAEKWONDO COMPETITORS

REGISTER ONLINE WWW.NJTKDOPEN.COM

STUDENTS WISHING TO COMPETE AND EARN RANKING POINTS THROUGH USA TAEKWONDO

REGISTER ONLINE WWW.USAT.HANGASTAR.COM



COLOR BELTS AND BLACK BELTS OLYMPIC SPARRING
DAEDO GEN 2 SOCKS WILL BE REQUIRED FOR BLACK BELTS AGES 8 & UP
SPORT POOSME BLACK BELTS ONLY

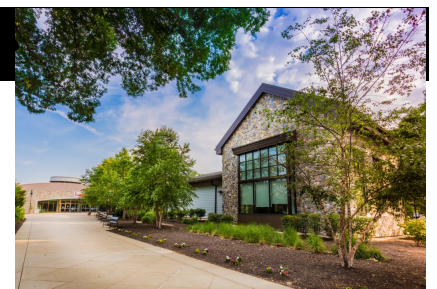


ALL BELTS COMPETING IN OLYMPIC SPARRING MUST WEIGH-IN ON NOVEMBER 2ND

EVENT LOCATION

Robert J. Collins Arena

765 Newman Springs Road Lincroft, NJ 07738



RULES AND REGULATIONS

Current World Taekwondo/USA Taekwondo rules and regulations will govern the championships with few modifications to enhance the competitions experience for all participants. Masters, Instructors, Holders will only be allowed on competition floor to hold boards when their competitors are competing in the Kyuk-Pa competitions and coaching sparring. Each Masters and/or Instructors on the floor MUST have a Coach Pass. In order for the Tournament to run efficiently, there will be no holds for sparring competitions unless it is the final Gold Medal Match.

MANDATORY EQUIPMENT

White U-neck WTF approved for all events Black trim is allowed for black belt competition & martial arts uniform. All competitors must supply their own regulation size breaking boards (see free style Kyuk-Pa rules for size.) you will be able to purchase breaking boards at the tournament.

WORLD TAEKWONDO POOMSAE (FORMS) COMPETITION

1. WTF approved poomsae (forms) only. Color Belt Poomsae: Taeguk 1-8. Black Belt forms: 1st Dan-Koryo, 2nd Dan Keumgang, 3rd Dan Taebaek, etc.
2. All competitors must perform a rank appropriate Poomsae.

| | |
|--|---|
| Concentration 20% (2 points) | 2 |
| Balance 20% (2 points) | 2 |
| Grace 20% (2 points) | 2 |
| Strength 20% (2 points) | 2 |
| Understanding of Poomse 20% (2 points) (Correct and orderly execution of movements) | 2 |

Forms / Poomsae Scoring will be based on:

Three (3) judges will score from 5.0 points (lowest) to 10.00 (highest) with 0.1 point increments. From the five scores, the lowest and the highest will be cancelled, and the three remaining scores will be tallied to give the competitor his/her score. In the event of a tie, all five scores will be tallied to determine the winner. Open forms same as above.

GYOROOGI (SPARRING) COMPETITION

1. All competitors must have a head gear, chest protector, mouth piece, shin and instep guard, forearm guard (no fist), and groin protective cup (male competitors). Any competitors without any of these required and mandatory equipment, at the time of his or her match will be declared disqualified.
2. All junior divisions and adult color belt divisions will run two rounds lasting one minute each round with 30 seconds' break intervals.
3. All adult and junior black belts (12-17 years old) will compete in two rounds lasting one-and-a-half minute each round with 30 seconds' break in between each round.

Divisions will be governed by USA Taekwondo National Rules:

- Ages 7 and under All Belts: NO contact to the head and face area.
- Ages 11 and under Color Belts: NO contact to the head and face area.
- Ages 8 - 9, 10 - 11, and 12-14 Black Belts: Full contact to the body and light contact to the head and face area.
- Ages 12 and up Color Belts: Full contact to the body and light contact to the head and face area.
- Ages 15 and up Black Belts: Full contact to the body and head and face area.

Scoring for Gyorooigi

1. Please refer to the official referee seminar textbook for valid scoring area.
2. State of the art, electronic scoring system will be used to score at this competition.



RULES AND REGULATIONS (CONTINUED)

KYUK-PA (BREAKING) COMPETITION

Regulation breaking board sizes for this competition are as follows:

Adult and Senior Division (18 years & over) 12 x 10 x 1 inch Pine

Teen Division (15 years - 17 years) 12 x 6 x 1 inch Pine

Junior Division (10 years - 14 years) 12 x 10 x 1/2-inch Pine

All Children ages 9 years & under 12 x 6 x 1/2-inch Pine (demo board also accepted)

Competitors must provide their own breaking boards. Official size Breaking Boards will be sold at the day of the competition. Competitors must provide their own board-holders. Competitors are advised to protect the floor when using any breaking materials that will damage the gym floor. Each competitor will be allowed a max of three (3) minutes to set up and complete his/her routine. Clock begins as soon as the competitor steps onto competition area

Competitors will be allowed only two (2) attempts per station. (After an unsuccessful 2nd attempt, you must move on to the next station.) No more than three stations will be allowed.

Scoring for Kyuk-Pa (Breaking)

1. Scoring will be based on the level of difficulty on the techniques, the number of boards broken at one time, the accuracy of the breaks, the flow of the routine, and the competitor's show of power, speed, creativity and style. All boards must be broken completely. Cracked, rotted or tampered wood will not be counted in scoring! 2. Five (5) judges will score from 5.0 (lowest) to 10.0 (highest) with 0.1 point increments. From the five scores, the lowest and the highest scores will be cancelled out and the three remaining scores will be tallied to give the competitor his/her score. In the event of a tie, all five (5) scores will be calculated to determine a winner

Breaking Scoring will be based on:

| | | |
|--|----------------|---|
| Accuracy & Focus | 20% (2 points) | 2 |
| Techniques | 20% (2 points) | 2 |
| Power | 20% (2 points) | 2 |
| Creativity | 20% (2 points) | 2 |
| Smooth flow of routine, degree of clean breaking Ki-ah (yelling) and showmanship | 20% (2 points) | 2 |

Competitors must follow these

Breaking Stations:

Station 3

Station 1

Station 2

Competitor
Judges Table

(No more than 3 stations) permitted)

BREAKING COMBINATIONS BY BELT LEVEL GROUPS

(MASTERS AND INSTRUCTORS PLEASE LOOK OVER OUR BELT SYSTEM ORDER AND MAKE THE PROPER CHANGES)

STATION #1

STATION #2

STATION #3

TINY TIGERS:

Hammer Fist/Palm Strike /Front Snap Kick

WHITE

YELLOW

ORANGE

Hammer Fist / Front Snap Kick/ Ax Kick

GREEN

HIGH GREEN

BLUE

HIGH BLUE

PURPLE

HIGH PURPLE

Knife Hand Chop / Push Kick / Roundhouse Kick

RED

HIGH RED

BROWN

LOW BROWN

HIGH BROWN

CONDITIONAL/BO BLACK

Straight Punch / Jumping Roundhouse Kick / Flying Side Kick

BLACK BELTS FREE STYLE BREAKING UP TO 3 STATIONS

OFFICAL DIVISIONS

WORLD TAEKWONDO FORMS DIVISION

| AGE | MALE WEIGHT | FEMALE WEIGHT | BELT COLOR |
|-----------------|--|--|---|
| 5 years & under | ONE Groups exceeding 8 competitors will be divided into two groups | ONE Groups exceeding 8 competitors will be divided into two groups | White/Yellow/Orange Green/Blue/Purple Brown/Red Bodan Black |
| 6 & 7 years | | | |
| 8 & 9 years | | | |
| 10 & 11 years | | | |
| 12 - 14 years | | | |
| 15 - 17 years | | | |
| 18 - 32 years | | | |
| 33 & up | | | |

GYOROOGI SPARRING DIVISION

| AGE | MALE WEIGHT | FEMALE WEIGHT | BELT COLOR |
|-----------------|----------------|----------------|---|
| 5 years & under | LT / HDY | LT / HDY | White/Yellow/Orange Green/Blue/Purple Brown/Red Bodan Black |
| 6 & 7 years | LT / MDL / HDY | LT / MDL / HDY | |
| 8 & 9 years | LT / MDL / HDY | LT / MDL / HDY | |
| 10 & 11 years | LT / MDL / HDY | LT / MDL / HDY | |
| 12 - 14 years | LT / MDL / HDY | LT / MDL / HDY | |
| 15 - 17 years | LT / MDL / HDY | LT / MDL / HDY | |
| 18 - 32 years | LT / MDL / HDY | LT / MDL / HDY | |
| 33 & Up | LT / HDY | LT / HDY | |

FREE STYLE BREAKING DIVISION

| AGE | MALE WEIGHT | FEMALE WEIGHT | BELT COLOR |
|-----------------|--|--|---|
| 5 years & under | ONE Groups exceeding 8 competitors will be divided into two groups | ONE Groups exceeding 8 competitors will be divided into two groups | White/Yellow/Orange Green/Blue/Purple Brown/Red Bodan Black |
| 6 & 7 years | | | |
| 8 & 9 years | | | |
| 10 & 11 years | | | |
| 12 - 14 years | | | |
| 15 - 17 years | | | |
| 18 - 32 years | | | |
| 33 & Up | | | |

BLACK BELT SPORT POOMSAE DIVISION

| AGE | MALE WEIGHT | FEMALE WEIGHT | BELT COLOR |
|--------------|--|---------------|--------------------|
| 8 years & Up | ONE Groups exceeding 8 competitors will be divided into two groups | | BLACK BELTS |

HOTEL ACCOMMODATIONS

Courtyard by Marriott Lincroft/Red Bank
Address: 245 Half Mile Road,
Red Bank, New Jersey 07701 USA
Telephone: 732-530-5552



*Distance from Robert J. Collins Arena at Brookdale Community College
2.3 mi. About 7 mins*

SPECIAL THANK YOU



RENTAL SYSTEMS FOR CHAMPIONSHIPS & SPARRING SEMINARS



visit **MartialArtsRentals.com** for a full list of products!

Rent Daedo TrueScore and Poomsae Pro Systems at very competitive prices—plus get FREE DELIVERY, INSTALL & HAUL AWAY with your rental. Located in Central New Jersey, we serve the the New York, New Jersey, Pennsylvania, Connecticut areas with ease. Plan ahead and we'll delivery anywhere on the east coast from—Maine to Florida. We also offer custom event promotional collateral. Reserve today!

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Master Mohamed Elshikh | 732-208-2020 | info@imatkd.com